

## **Physical Education**

### **Associate in Science Degree (A.S.) with Guided Career Path for Physical Education**

#### **At a Glance**

Physical education is a course taught in school that focuses on developing physical fitness. Effective P.E. classes help kids develop skill and confidence, maintain physical fitness, learn about personal health and wellness, and demonstrate positive social skills.

The Statewide Articulation Reporting System (STARS) will provide very specific transfer information to specific majors at each state-funded four-year institution. Once a student chooses a major and a place of transfer, an individualized guide and contract can be created. The STARS website can be accessed from the CACC homepage at [www.cacc.edu](http://www.cacc.edu). You may also access STARS from the CACC Admissions Office. CACC also has designated Transfer Advisors.

**NOTE:** *The sample Guided Curricular Path below contains all the elements required for degree/certificate completion. However, courses may be offered or taken in other semesters so long as prerequisites are met and courses are available. Additional options may also be available. Courses may be available days, nights, hybrid, and online. Sample paths for part-time attendance may also be available. Please see an advisor. **\*Students must check with the Senior Institution to determine which courses are required.***

#### **First Semester**

ORI 105	Orientation & Student Success	3
ENG 101	English Composition I	3
MTH 112	PreCalculus Algebra	3
HIS 201	United States History I	3
<u>BIO 103</u>	<u>Principles of Biology I</u>	<u>4</u>
	Total Semester Credit Hours	16

#### **Second Semester**

ENG 102	English Composition II	3
BIO 104	Principles of Biology II	4
PED 200	Foundation of Physical Education	3
HED 230	Safety and First Aid	3
<u>HIS 202</u>	<u>United States History II</u>	<u>3</u>
	Total Semester Credit Hours	16

#### **Third Semester**

SPH 106	Fundamentals of Oral Communication	3
SOC 200	Introduction to Sociology	3
ENG 261	English Literature I	3
BIO 201	Human Anatomy & Physiology	4
<u>PSY 200</u>	<u>General Psychology</u>	<u>3</u>
	Total Semester Credit Hours	16

**Fourth Semester**

MUS 101	Music Appreciation	3
CIS 146	Microcomputer Applications	3
PHL 206	Ethics & Society	3
Electives	(Refer to STARS guide)	6
<hr/>		
	Total Semester Credit Hours	15

**TOTAL CREDIT HOURS** **63**